

TRAINING DETAILS 2025–2026 (CBSE/NCERT) FROM JUNE ONWARDS

Name of Teacher	Designation	Topic of Training	Name of CoE	Number of Hours	Total Hours
Mrs. Swarna Mathew	Principal	1. Catch the Rain Eng	NCERT	2	
		2. Significance of the Early Years	NCERT	3	
		3. Environmental Hazards of E-waste	NCERT	3	
		4. Cyber Hygiene Practices	NCERT	5	
		5. Partnership with Parents and Communities	NCERT	3	
		6. Cyber Club	NCERT	20	
		7. Leadership for Foundational Literacy and Numeracy	NCERT	3	
		8. Assessment of Academic Challenges in your Class room	EBILITY	1.5	
		9. Behavioural Changes in Classroom Identification and Management	EBILITY	1.5	
		10. CPD Action Research Batch 8	NCERT	15	
		11. Breaking barriers, empowering girls in STEM field	CBSE	1.5	
					58.5

**TRAINING PROGRAMME
2025-2026**

Name: RACHEL GIGI

NAME OF TEACHER	DESIGNATION	TOPIC OF TRAINING	NAME OF COE	NO:OF HOURS	TOTAL HRS
RACHEL GIGI	NTT	How NEP/NCF Competencies Help Students learn Better	EBLITY	2 HRS	8HRS (online)
		Classroom Screening to Identify & Support Students with Social, Emotional and Behavioural Challenges	EBLITY	2 HRS	
		Understanding the Science of Learning to Drive Better	EBLITY	2HRS	
		Strategies to Build Stronger Relationship with Parents	EBLITY	2HRS	
		How to Handle Gen Z	ST.MARY'S EMS MANARCAD	4HRS	16 HRs (Offline)
		Modern Day Teachers: New Perspective for the Changed Environment	MARY'S EMS MANARCAD	6 HRS	
		Training Programme of KG Teachers	Sahodaya Kottayam	6HRS	

Training Details 2025-2026(CBSE/NCERT) From June Onwards

Name of Teacher	Designation	Topic of Training	Name of COE	Number of Hours	Total Hours
Radhika Raj	PRT	Understanding the science of learning to drive better academic outcomes	Eblity	2 hours	
		Essential PTM Skills for today's effective educator	Eblity	2 hours	
		Supporting children with academic challenges in an inclusive classroom	Eblity	2 hours	
		Building strong math foundation for children with challenges with alignment to NEP 2020 & HPC guidelines	Eblity	2 hours	
		How NEP/NCF Competencies help students learn better	Eblity	2 hours	
		Enhancing effective functioning skills of students to improve their learning outcomes	Eblity	2 hours	
		Enhancing foundational reading skills across all subjects with reference to NEP 2020& HPC guidelines	Eblity	2 hours	
		Addressing Behavioural challenges in students in an inclusive classroom	Eblity	2 hours	
		Strategies to	Eblity	2 hours	

		enhance foundational reading skills across all subjects			
		CBP conducted by school	St. Mary's English Medium School	12 hours	30

TRAINING DETAILS 2025-2026 (CBSE/NCERT) FROM JUNE ONWARDS

Name of teacher	Designation	Topic of Training	Name of CoE	Number of hours	Total Hours
Rajitha mol P R	TGT	1) Digital footprint	Diksha	5	26
		2) Device and network security	Diksha		
		3).Advancing Science Learning through Digital Tools and AI - Driven Technology	Diksha	5	
		4) Online and Digital Education in the Lens of NEP 2020	Diksha	5	
		5) Empowering Students with Artificial Intelligence(AI) - Phase 2	Diksha	6	
	Offline	6) CBP conducted by school	St Marys EMS Manarcad	12	12

TRAINING PROGRAMME. 2025-26

NAME : JANCY P KURUVILLA

Name of teacher	Designation	Topic of training	Name of COE	No of HRs	Total hrs
Jancy p Kuruvilla	NTT	Journey of a teacher from competency to effectiveness	St Mary's EMS	12hrs	18 hrs Offline
		Training program for kg teachers	Sahodaya Kottayam	6 hrs	
		Enhancing executive functioning skill of to improve their learning outcomes.	EBILITY	90 min	3 hrs
		Behavioural challenges in your classroom identification and management.	EBILITY	90 Min	

ST. MARYS ENGLISH MEDIUM SCHOOL MANARCAD

TRAINING DETAILS 2025-2026 (CBSE/NCERT) FROM JUNE ONWARDS

Name of teacher	Designation	Topic of the Training	Name of CoE	Number of hours	Total Hours
Elizabeth Sam	PRT	Digital initiative for Transforming Education	CIET NCERT	5hrs	
		NISHTHA . ECCE English.	CIET NCERT	20hrs	
		Cyber Hygiene Practices ... Personal Digital Devices	CIET NCERT	5hrs	
		Building Strong Math foundation for children with challenges with an alignment 'NEP2025 2027/& HPC Guidelines.	Ebility	2hrs	
		Creating a Positive Classroom Environment Strategies for Managing Disruptive behaviour	Ebility	2hrs	
		Enhancing foundational Reading skill across All subjeel	Ebility	2hrs	
		Start the year Strong with High- Impact strategies	Ebility	2hrs	
		Behavioral challenges in your classroom identification & Management	Ebility	1.5hrs	
		Implementing Interventions in your classroom to Achieve HPC outcomes	Ebility	1.5hrs	
		Understanding the Science of Learning to Drive Better Academic Outcomes	Ebility	2hrs	
		Classroom Screening to Identify & Support Students	Ebility	2hrs	

		with Social, Emotional and Behavioural challenges			
		Strategies to Enhance Foundational Reading Skills Across All Subjects	Ebility	2hrs	
		Strategies to Build Stronger Relationships with Parents	Ebility	2hrs	
		Strategies for Teachers to Start the Year Strong	Ebility	2hrs	
		How NEP/NCFC Competencies Help Students Learn Better	Ebility	2hrs	
		Effective Strategies in the NEP Framework for Children with Academic and Behavioural Challenges	Ebility	2hrs	
		Effective Classroom Strategies to Help Students Stay Focused	Ebility	2hrs	
		Classroom Screening to Identify & Support Students with Social, Emotional and Behavioural Challenges	Ebility	2hrs	
		Effective Classroom Strategies to Help Students Stay Focused	Ebility	2hrs	
		How NEP/NCFC Competencies Help Students Learn Better	Ebility	2hrs	
		Understanding the Science of Learning to Drive Better Academic Outcomes	Ebility	2hrs	
		Building Strong Math Foundation for Children with Challenges with Alignment to NEP 2020 & HPC	Ebility	2hrs	

		Guidelines			
		Strategies to Enhance Foundational Reading Skill Across All Subjects.	Ebility	1.5hrs	
		Year-End Strategies to Support Students with Challenges	Ebility	1.5 hrs	70
	Offline	CBP conducted by School	St. Mary's EMS Manarcad	12hrs	
		Understanding the curricular Goals of Hindi Language with respect to N C F and Advancement of Grammar skills	Good Luck Publishers	6 hrs	18 hrs

ST. MARYS ENGLISH MEDIUM SCHOOL MANARCAD
TRAINING DETAILS 2025-2026 (CBSE/NCERT) FROM JUNE ONWARDS

Name of teacher	Designation	Topic of Training	Name of CoE	Number of hours	Total Hours
JAMILI E J	PRT(PET)	1)Start the Year Strong with HighImpact Strategies	Ebility	2	<u>17.5</u>
		2)Implementing Interventions in Your Classrooms to Achieve HPC Outcomes		<u>1.5</u>	
		<u>3)</u> Understanding the Science of Learning to Drive Better Academic Outcomes	Ebility	<u>2</u>	
		CBP conducted by school (off line 12 hour)		<u>6</u>	
		<u>4)</u> Journey of a teacher:From competency to effectiveness		6	

		5)Modern day teachers: new perspectives for the changed environment			
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Name of Teacher	Designation	Topic of Training	Name of CoE	Number of Hours	Total Hours
Manju Thomas	TGT	Effective Studies in the NEP Framework for Children with Academic and Behavioural Challenges	Ebility	2 hours	
		Classroom Screening to Identify and Support Students with Social, Emotional and Behavioural Challenges	Ebility	2 hours	
		Supporting Children with Academic Challenges in an Inclusive Classroom	Ebility	2 hours	
		How NEP/CEF Competencies Help Students learn	Ebility	2 hours	
		Implementing Interventions in your Classroom to Achieve HPC Outcome	Ebility	2 hours	
		Understanding the Science of Learning to Drive Better Academic Outcome	Ebility	2 hours	
		AI Tools for Education	Diksha	15 hours	27
Manju Thomas	Offline	Capacity Building Programme on English Language and Literature	Sree Sankara Vidyalaya English Medium School Vaikam, Kottayam	2 days (16 hours)	
		CBP Conducted by School	St.Mary's English Medium School Manarcad, Kottayam	12 hours	28 hours

NAME OF TEACHER	DESIGNATION	TOPIC OF TRAINING	NAME OF CoE	NO:OF YOURS	TOTAL HOURS
MANJUSHA KUMARI P P	TGT	Behavioural Challenges in your Classroom Identification & Management	EBILITY	2hours	
		Strategies to Build Stronger Relationships with Parents	EBILITY	2 hours	
		How NEP /NCF Competencies Help Students Learn Better	EBILITY	2 hours	
		Effective Strategies in the NEP Framework for Children with Academic and Behavioural Challenges	EBILITY	2hours	
		NISHITHA ECCE (ENGLISH) NCERT	NCERT	20 hours	
		CBP Conducted by School	St Mary's English Medium School Manarcad	12 hours	
		Understanding the Curricular Goals of Hindi Language with respect to NCF and Advancement	Good Luck publishers	6 hours	Total 46 hours

		of Grammar Skills			
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TRAINING PROGRAM 2025-2026

MAME : AKHILA MARY ABRAHAM

NAME OF TEACHER	DESIGNATION	TOPIC OF TRAINING	NAME OF COE	NO: OF HRS	TOTAL HRS
AKHILA MARY ABRAHAM	PRT	1) Journey of a teacher: from competency to effectiveness. (offline)	St.Mary's English Medium School Manarcad	12HRS	12HRS (offline)
		2) How NEP/NCP competencies help students learn better.	Ebility	2HRS	
		3) Strategies for teachers to start the year strong.	Ebility	2HRS	
		4) Strategies to enhance foundational reading skills across all subjects.	Ebility	2HRS	
		5) strategies to build stronger relationships with parents.	Ebility	2HRS	
		6) Addressing behavioral challenges in students in an exclusive classroom.	Ebility	2HRS	
		7) Creating a	Ebility	2HRS	

		positive classroom environment and strategies for managing disruptive behaviour .			75HRS (Online)
		8) Building a strong Math foundation for children with challenges with alignment of NEP 2020 and HPC guidelines .	Ebility	2HRS	
		9) Enhancing exclusive functional skills of students to improve their learning outcomes.	Ebility	2HRS	
		10) Class room screening to identify and support students with social, emotional and behavioral challenges.	Ebility	2HRS	
		11) Understanding the science of learning to drive better academic outcomes.	Ebility	2HRS	
		12)	Ebility	2HRS	

		Implementing intervention in your classroom to Achieve HPC outcomes.			
		13) Catch the Rain	DIKSHA	2HRS	
		14) NISHTHA FLN English	DIKSHA	40HRS	
		15) Empowering students with Artificial intelligence (AI) (phase2)	DIKSHA	6HRS	
		16) Digital initiative for Transforming education	DIKSHA	5HRS	

TRAINING DETAILS 2025-2026 (CBSE/NCERT) FROM JUNE ONWARDS

	Designation	Topic of Training	Name of CoE	Number of hours	Total Hours
Manoj. V.K	TGT	CBP conducted By School	CBSC	12	12
	Offline	Malayalam shilpasala	CBSC	6	6

Training program 2025-26
Name : Ambily A M

Name of Teacher	Designation	Topic of Training	Name of CoE	Number of hours	Total Hours
Ambily A M	TGT	Behavioural Challenges in Your Classroom – Identification & Management	Eblity	90 minutes	
		Strategies for Teachers to Start the Year Strong	Eblity	90 minutes	
		Understanding FLN Competencies and Learning Outcomes in NEP 2020	Eblity	90 minutes	
		Classroom Screening to Identify & Support Students with Academic Challenges	Eblity	90 minutes	
		Implementing interventions in Your Classrooms to Achieve HPC Outcomes	Eblity	90 minutes	
		Understanding the Science of Learning to Drive Better Academic Outcomes	Eblity	2 hours	
		Classroom Screening to Identify & Support Students with Social,	Eblity	2 hours	

		Emotional and Behavioural Challenges			
		Strategies to Build Stronger Relationships with Parents	Eblity	2 hours	
		Strategies to Enhance Foundational Reading Skills Across All Subjects	Eblity	2 hours	
		How NEP/NCF Competencies Help Students Learn Better	Eblity	2 hours	
		Enhancing Executive Functioning Skills Of Students to Improve Their Learning Outcomes	Eblity	2 hours	
		Effective Classroom Strategies to Help Students Stay Focused	Eblity	2 hours	
		How NEP / NCF Competencies Help Students Learn Better	Eblity	2 hours	
		Understanding the Science of Learning to Drive Better Academic Outcomes	Eblity	2 hours	25 hours 30 minutes

	Offline	CBP by conducted by school	St. Marys EMS Manarcad	12	12
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TRAINING DETAILS 2025-2026 (CBSE/NCERT) FROM JUNE ONWARDS

Name of teacher	Designation	Topic of Training	Name of CoE	Number of hours	Total Hours
Minimol K. B	PRT	1. Environmental hazards of electronic waste 2. Action research 3. safty in cybersearch 4. Enhancing foundational reading skill across all subject 5. How teachers can help students study focused in the classroom 6. Journey of a teacher from compeitency to effectiveness (offline)	NCERT	22	38
			Ebility	4	
			St. Marys English medium school, Manarcad	12	

**TRAINING PROGRAMME
2025-2026**

NAME : MAYA ELIZABETH MATHEW

NAME OF TEACHER	DESIGNATION	TOPIC OF TRAINING	NAME OF COE	NO:OF HOURS	TOTAL HRS
MAYA ELIZABETH MATHEW	NTT	Supporting Struggling Readers: Techniques for Improving Blending, Segmenting and Spelling Skills	EBLITY	1HRS	5HRS (Online)
		Classroom Screening to Identify & Support Students with Academic Challenges	EBLITY	2 HRS	
		Start the Year Strong with High-Impact Strategies	EBLITY	2HRS	
		How to Handle Gen Z	ST.MARY'S EMS MANARCAD	4HRS	10HRs (offline)
		Modern Day Teachers: New Perspective for the Changed Environment	ST.MARY'S EMS MANARCAD	6HRS	

Name of Teacher	Designation	Topic of training	Name of Coe	Number of hours	Total Hours
Neethu Uthup	Librarian	Learning through art integration. 25/10/2024	Ncert	1-½ hours	5 minutes
Neethu Uthup	Librarian	Learning through art Integration Middle Stage. 11/12/2024	Ncert	1-½ hours	5 Minutes
Neethu Uthup	Librarian	Learning through art integration Middle Stage. 12/11/2024	Ncert	1-½ Hours	5 minutes
Neethu Uthup	Librarian	Learning through art integration - Secondary Stage. 6/2/2024	Ncert	1-½ Hours	5 Minutes
Neethu Uthup	Librarian	Career Counseling 6/2/2024	Ncert	1-½	5 Minutes
Neethu Uthup	Librarian	Cyber Security And Safety 21/12/2024	Ncert	1-½ Hours	5 Minutes
Neethu Uthup	Librarian	Learning through art integration-Secondary Stage 13/2/2025	Ncert	1-½ Hours	5 Minutes
Neethu Uthup	Librarian	School Libraries Oneday. (Sreyas Public School, Ponkunnam, Kottayam) 13/7/2024	Ncert	1-½ Hours	5 Minutes

TRAINING PROGRAMME 2025-2026

NAME: **ANTU MARY KURUVILLA**

NAME OF TEACHER	DESIGNATION	TOPIC OF TRAINING	NAME OF COE	NO: OF HRS	TOTAL HRS
ANTU MARY KURUVILLA	TGT	Stem App (Offline)	SAHODAYA KTM (LABOUR INDIA, KTM)	7 HRS	19 hrs. (OFFLINE)
		Journey Of A Teacher from Competency to Effectiveness (Offline)	ST. MARY'S EMS MANARACD	12 HRS	
		Creating Positive Classroom Environment	EBILITY	2HRS	25 hrs. (Online)
		A Step-by-Step Guide to Effective PTMs	EBILITY	2HRS	
		How NEP/NCF Competencies Help Students Learn Better	EBILITY	2HRS	
		Effective Classroom Strategies to Help Students Stay Focused	EBILITY	2HRS	
		Effective Behaviour Management Strategies for School Classrooms (Replay)	EBILITY	2HRS	
		"Including Children with Hearing Impairment in Mainstream School Education",	CIET, NCERT	5 DAY	
		Power of Audio in Education	DIKSHA	5HRS	
		"MOOCs on SWAYAM"	CIET, NCERT	1 DAY	
		Device & Network Security	DIKSHA	5HRS	
		Cyber Hygiene Practices	DIKSHA	5HRS	

Training program 2025-26

Name: Beena C Thomas

Name of Teacher	Designation	Topic of training	Name of CoE	Number of hours	Total hours
Beena C Thomas	PRT	NISHITHA ECCE English	NCERT	20	
		Building strong math foundation for children with challenge to NEP 2020	Ebility	2	
		Effective strategies in NEP framework for children	Ebility	2	
		Effective classroom strategies to help students stay focused	Ebility	2	26
Offline		Decoding the CBSE curriculum 2026-27	Lourdes public school	6	
		CBP conducted by school	St. Mary's English medium school	12	18

TRAINING PROGRAMME 2025-26

NAME: BABITHA THOMAS

NAME OF TEACHER	DESIGNATION	TOPIC OF TRAINING	NAME OF CoE	NUMBER OF HOURS	TOTAL HOURS
BABITHA THOMAS	TGT	OPEN EDUCATION RESOURCES(OER) INNOVATING EDUCATION	NCERT (DIKSHA)	05	
		CYBER CRIME	NCERT (DIKSHA)	05	
		ENHANCING MATHEMATICAL EFFICIENCY THROUGH AI	NCERT (DIKSHA)	05	
		STRATEGIES TO ENHANCE FOUNDATIONAL READING SKILLS ACROSS ALL SUBJECTS	EBILITY	02	
		STRATEGIES TO BUILD STRONGER RELATIONSHIP WITH PARENTS	EBILITY	02	
		ASK THE EXPERT: LIVE MENTORSHIP SESSION	EBILITY	02	
		CULTIVATING CREATIVITY AND COMPUTATIONAL THINKING IN STEM AREAS	NCERT	02	23
	OFFLINE	SOCIAL SCIENCE	GLOBAL SCHOOL, PUTHUPPALLY	12	
	OFFLINE	CBP CONDUCTED BY SCHOOL	ST. MARY'S EMS MANARCAD	12	24

TRAINING PROGRAME 2025-2026
NAME: PREEJA P ABRAHAM

NAME OF TEACHER	DESIGNATION	TOPIC OF TRAINING	NAME OF COE	NO. OF HRS	TOTAL HRS
PREEJA P ABRAHAM	NTT	Journey of a teacher from competency to effectiveness (Offline)	St Mary's EMS	12Hrs	12Hrs
		Effective classroom strategies to help students stay focused	EBILITY	90 min	3Hrs
		Strategies to build stronger relationships with parents	EBILITY	90 min	
		Pariksha Karmayogi capacity building programme for exam officials	NTA	2Hrs	2Hrs

Training Programmes. 2025-2026

Name: BIJI M KURIAN

Designation: PRT

SL No	Topic	Date	CEo	Duration
1	Addressing Behavioural challenges in students	7/1/2026	Eblity	2 hrs
2	How teachers can help students stay focused in the classroom	31/10/25	Eblity	2 hrs
3	Supporting children with academic challenges in an inclusive classroom	25/10/25	Eblity	2 hrs
4	Creating a positive classroom environment-Strategies for managing Disruptive Behaviours	15/10/25	Eblity	2 hrs
5	Understanding the Science of Learning to Drive Better Academic outcomes	27/9/25	Eblity	2 hrs
6	Enhancing executive Functioning skills of students to improve their Learning outcomes.	7/8/25	Eblity	2 hrs
7	How NEP/NCP competencies help Students Learn better	1/8/25	Eblity	2 hrs
8	Implementing interventions in your classrooms to achieve HPC outcomes	19/6/25	Eblity	2 hrs
9	Strategies to Enhance Foundational Reading skills across all subjects	7/5/25	Eblity	2 hrs
10	Strategies to build stronger Relationships with Parents	3/5/25	Eblity	2 hrs
11	Understanding the science of Learning to Drive Better Academic	23/4/25	Eblity	2 hrs

	outcomes			
12	Behaviour challenges in your classroom-identification and Management	05/4/25	Ebility	90 min
13	Understanding FLN competencies and learning outcomes specified in NEP	4/1/25	Ebility	90 min
				Total 25hrs
	Offline Training:12hrs			

Training program 2025-26
Name.Nisha James

Name of Teacher	Designation	Topic of Training	Name of CoE	Number of hours	Total Hours
Nisha James	PRT	Digital initiatives for training education	Ncert	5 Hrs	
		Nishtha ECCE English	Ncert	20 Hrs	25 Hrs
	Offline	Artificial intelligence	Lourde public school Kottayam	6 Hrs	
		CBP conducted by school	St.Mary's EMS Manarcad	12Hrs	18 Hrs

TRANING DETAILS 2025-26

NAME : PREETHA . P

NAME OF TEACHER	DESIGNATION	TOPIC OF TRAINING	NAME OF COE	NUMBER OF HOURS	TOTAL HOURS
PREETHA P	TGT	DIGITAL INITIATIVES FOR TRANSFORMING EDUCATION	NCERT	5 Hrs	
		SIGNIFICANCE OF THE EARLY YEARS	NCERT	3 Hrs	
		UNDERSTANDING SCIENCE OF LEARNING TO DRIVE BETTER BACDEMIC OUT COMES	EBILITY	4 Hrs	
		SCHOOL READINESS	NCERT	3 Hrs	
		FOUNDATIONAL READING SKILLS	EBLITY	2 Hrs	
		BUILDING STRONG MATH FOUNDATION	EBLITY	2 Hrs	
		CREATING A POSITIVE CLASSROOM ENVIROMENT	EBLITY	2 Hrs	
		HOW TEACHERS CAN HELP STUDENTS	EBLITY	2 Hrs	
		ENHANCING FOUNDATIONAL READING SKILLS	EBLITY	2 Hrs	25 Hrs
	OFFLINE	CBSE STEM TRAINING	LABOUR INDIA PUBLIC SCHOOL	6 Hrs	
		CBP Conducted by school	St.Mary~s EMS Manarcadu	12 Hrs	18 Hrs

TRAINING PROGRAMME 2025-2026

NAME OF TEACHER	DESIGNATION	TOPIC OF TRAINING	NAME OF COE	NO: OF HRS	TOTAL HRS
BINDU V P	PRT	Journey Of A Teacher from Competency to Effectiveness (Offline)	ST. MARY'S EMS MANARCAD	12 HRS	12 hrs. (OFFLINE)
		Addressing Behavioural Challenges in students in an Inclusive Classroom	EBILITY	2 HRS	13 hrs. (Online)
		How NEP/NCF Competencies Help Students Learn Better	EBILITY	2 HRS	
		Exploring Effective NEP Framework Strategies for Children with Academic and Behavioural Difficulties	EBILITY	2 HRS	
		National Council of Education Research and Training	DIKSHA	5 HRS	
		Understanding the Science of Learning to drive Better Academic Outcomes	EBILITY	2 HRS	

TRAINING DETAILS 2025–2026 (CBSE/NCERT) — FROM JUNE ONWARDS

Sl. No.	Name of Teacher	Designation	Topic of Training	Name of CoE	Number of Hours
1	Preethy K Thomas	Teacher	Year-End Strategies to Support Every Learner.	Ebility	2 hrs
2	Preethy K Thomas	Teacher	Enhancing Executive Functioning Skills of Students to Improve Their Learning Skills.	Ebility	2 hrs
3	Preethy K Thomas	Teacher	How NEP/NCF Competencies Help Students Learn Better.	Ebility	2 hrs
4	Preethy K Thomas	Teacher	Effective Classroom Strategies to Help Students Stay Focused.	Ebility	2 hrs
5	Preethy K Thomas	Teacher	Enhancing Executive Functioning Skills of Students to Improve Their Learning Outcomes.	Ebility	2 hrs
6	Preethy K Thomas	Teacher	Supporting Children with Academic Challenges in an Inclusive Classroom.	Ebility	2 hrs
7	Preethy K Thomas	Teacher	CBP Conducted by School	St. Mary's EMS School	12 hrs
				Total Hours	24 hrs

TRAINING PROGRAMME 2025 - 26

Name : SONY MATHEW

Name of Teacher	Designation	Topic of Training	Name of COE	Number of HRS	Total HRS
SONY MATHEW	NTT	Fostering creativity through curiosity in early years learning.	Sahodaya Kottayam	5 HRS	26 HRS (OFFLINE)
		Journey of a teacher from competency to effectiveness	St. Mary's English Medium School Manarcad	12 HRS	
		Modern day Teachers : New perspectives for the changed environment	St. Mary's EMS	5 HRS	
		How to handle GEN Z?	St. Mary's EMS	4 HRS	
		Understanding the science of learning to Drive Better Academic Outcomes	EBLITY	2HRS	8 HRS (ONLINE)
		Effective Behavior Management strategies for school classrooms	EBLITY	2HRS	
		Building strong school - Parent partnerships for student success	EBLITY	2HRS	

		Pariksha karmayogi - Capacity Building programme for exam officials	NTA	2HRS	
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Training Details 2025-2026(CBSE/NCERT) From June Onwards

Name of Teacher	Designation	Topic of Training	Name of COE	Number of Hours	Total Hours
Sunila Jibu	PRT	Understanding the science of learning to drive better academic outcomes	Eblity	2 hours	
		Classroom screening to identify and support students with social,emotional and behavioral challenges.	Eblity	2 hours	
		Strategies to enhance foundational reading skills across all subjects.	Eblity	2 hours	
		Strategies for teachers to start the year strong.	Eblity	2 hours	
		How NEP/NCF Competencies help students learn better	Eblity	2 hours	
		Effective classroom strategies to help students stay focused.	Eblity	2 hours	
		Addressing Behavioural challenges in students in an inclusive classroom.	Eblity	2 hours	
		Implementing interventions in your classrooms to achieve HPC outcomes.	Eblity	2 hours	
		Supporting children with academic challenges in an inclusive classroom.	Eblity	2 hours	
		Enhancing Executive functioning skills of students to improve their learning	Eblity	2 hours	

		outcomes.			
		Assisting students struggling with writing challenges in classrooms.	Eblity	2 hours	
		Easy techniques for teachers to address challenging behaviours in classroom.	Eblity	2 hours	
		Ask the expert Live mentorship session.	Eblity	2 hours	
		Building strong math foundation for children with challenges with alignment to NEP 2020 and HPC guidelines.	Eblity	2 hours	
		Year end strategies to support every learners.	Eblity	2 hours	
		CBP conducted by school	St. Mary's English Medium School	12 hours	42

Training program 2025-26
Name. SHINY P KURIAN

Name of Teacher	Designation	Topic of Training	Name of CoE	Number of hours	Total Hours
Shiny Kurian	P TGT	Enhancing Mathematical Competency Through AI	Ncert	5 Hrs	
		Nishtha ECCE English	Ncert	20 Hrs	25 Hrs
	Offline	Stress management- One day	Chavara Public school, Pala.	6 Hrs	
		CBP conducted by school	St.Mary's EMS Manarcad	12Hrs	18 hrs
	Online	Empowering teachers with AI-Phase 3	NCERT	10 hrs	
		Empowering Students with AI- Phase 3	NCERT	5 hrs	15 hrs
		How Teachers Help Students stay Focus in Classroom	Eblity	2 hrs	
		Understanding the science of learning to Drive better accademic outcomes	Eblity	2hrs	
		How NEP/NCF competencies Help Students	Eblity	2hrs	6 hrs

Training Program 2025 - 26

Name: Tity Alexander

Name of Teacher	Designation	Topic of Training	Name of CoE	Number of hours	Total Hours
Tity Alexander	PRT	How Teachers can Help Students Stay Focused in the Classroom	NCERT	2	
		Creating a Positive Classroom Environment: Strategies for Managing Disruptive Behaviours	NCERT	2	
		Understanding the Science of Learning to Drive Better Academic Outcomes	NCERT	2	
		Assisting students struggling with writing challenges in classrooms-	NCERT	2	38
		How NEP/NCF COMPETENCIES HELP STUDENTS LEARN BETTER	NCERT	2	
		Classroom Screening to Identify & Support Students with Social, Emotional and Behavioural Challenges	NCERT	2	
		How to Build an Exciting Co-Scholastic Calendar for AY	NCERT	2	
		Enhancing Foundational Reading Skills Across All Subjects with Reference to NEP 2020&HPC Guidelines	NCERT	2	
		Informed Transition: How teachers can create a successful academic year ahead with informed transitions	NCERT	2	
		NISHTHA ECCE ENGLISH	NCERT	20	
		CBP conducted by school	St. Mary's EMS manarcad	12	12

TRAINING DETAILS 2025-2026 (CBSE/NCERT) FROM MAY ONWARDS

Teacher Name: Sreeji GS (PRT)

School: St. Mary's English Medium School

Date	Topic of Training	Name of CoE	Number of Hours	Total Hours
23/05/2025	Strategies for Teachers to Start the Year Strong	EBILITY	1Hr	
28/05/2025	How NEP/NCC Competencies Help Students Learn Better	EBILITY	1Hr	
05/06/2025	Effective Strategies in the NEP Framework for Children with Academic and Behavioural Challenges	EBILITY	1Hr	
13/06/2025	Effective Classroom Strategies to Help Students Stay Focused	EBILITY	1Hr	
19/06/2025	Implementing Interventions in Your Classroom to Achieve NEP Outcomes	EBILITY	1Hr	
13/11/2026	Cyber Hygiene Practices: Personal Digital Devices	DIKSHA	5 Hrs	
20/01/2026	Nistha FLN English	DIKSHA	40 Hrs	
Offline	CBP Conducted by School		12hrs	
Offline	Madhuben		6hrs	58 Hrs

TRAINING PROGRAMME 2025–2026

NAME: SUJA S.R

DESIGNATION: NTT

A. OFFLINE TRAINING – 22 HOURS

SL NO	TOPIC OF TRAINING	NAME OF COE / VENUE	NO: OF HRS
1	Modern Day Teachers: New Perspectives for the Changed Environment	ST. MARY'S EMS MANARCAD	6 HRS
2	How to Handle GEN Z?	ST. MARY'S EMS MANARCAD	4 HRS
3	Journey Of A Teacher from Competency to Effectiveness	ST. MARY'S EMS MANARCAD	12 HRS

TOTAL OFFLINE: 22 HRS

B. ONLINE TRAINING – EBILITY – 40 HOURS

SL NO	TOPIC OF TRAINING	NAME OF COE	NO: OF HRS
1	Implementing Interventions in Your Classrooms to Achieve HPC Outcomes	EBILITY	2 HRS
2	Understanding the Science of Learning to Drive Better Academic Outcomes	EBILITY	2 HRS
3	Classroom Screening to Identify & Support Students with Social, Emotional and Behavioural Challenges	EBILITY	2 HRS
4	Strategies to Build Stronger Relationships with Parents	EBILITY	2 HRS
5	Strategies to Enhance Foundational Reading Skills Across All Subjects	EBILITY	2 HRS
6	How NEP/NCF Competencies Help Students Learn Better	EBILITY	2 HRS
7	Effective Classroom Strategies to Help Students Stay Focused	EBILITY	2 HRS
8	Enhancing Foundational Reading Skills Across All Subjects With Reference to NEP 2020 & HPC Guidelines	EBILITY	2 HRS
9	Easy Techniques for Teachers to Address Challenging Behaviour in Classrooms	EBILITY	2 HRS
10	Enhancing Executive Functioning Skills of Students to Improve Their Learning Outcomes	EBILITY	2 HRS
11	Effective Behaviour Management Strategies for School Classrooms (Replay)	EBILITY	2 HRS
12	Supporting Struggling Readers: Techniques for Improving Blending, Segmenting and Spelling Skills	EBILITY	2 HRS
13	Strategies to Build Stronger Relationships with Parents - 2nd Session	EBILITY	2 HRS
14	Classroom Screening to Identify & Support Students with Academic Challenges	EBILITY	2 HRS
15	Start the Year Strong with High-Impact Strategies	EBILITY	2 HRS
16	Building Strong School - Parent Partnerships for Student Success (Replay)	EBILITY	2 HRS
17	Responding to Difficult Behaviours: Practical Strategies for Classrooms	EBILITY	2 HRS
18	Implementing Interventions in Your Classrooms to Achieve HPC Outcomes - 2nd Session	EBILITY	2 HRS
19	Classroom Screening to Identify & Support Students with Social, Emotional and Behavioural Challenges - 2nd Session	EBILITY	2 HRS
20	Pariksha Karmayogi: Capacity-Building Programme for Exam Officials	NTA	2 HRS

TOTAL ONLINE: 40 HRS

Training Program 2025 - 2026

Name: Remya Devi AN

Name of Teacher	Designation	Topic of Training	Name of COE	Number of Hours	Total Hours	Remarks
Remya Devi AN	PRT	How NEP/MCF competencies help student learn better	Ebility	1.20 Hrs		
	PRT	Enhancing executive functioning skills of student to improve their learning outcomes	Ebility	1.20 Hrs		
	PRT	Classroom screening to identify support students with social emotional and behavioural challenges	Ebility	2.40 Hrs		
	PRT	Supporting children with academic challenges in an inclusive classroom	Ebility	1.20 Hrs		
	PRT	Strategies to build stronger relationships with parents	Ebility	1.20 Hrs		
	PRT	Strategies for teachers to start the year strong	Ebility	1.20 Hrs		
	PRT	How NEP/NCP competencies	Ebility	1.20 Hrs	9.60 Hrs	

		help student learn better				
	PRT	CBP conducted by school	St Mary's English Medium School Manarcad	12 hours	18 hours	
	PRT	Significance of the early years	Diksha	25 Hrs	25 Hrs	

TRAINING PROGRAMME 2025-26**Name : Remya Ramesh**

NAME OF TEACHER	DESIG-NATION	TRAINING TOPICS	NAME OF COE	NO. OF HOURS	TOTAL HOURS
REMYA RAMESH	TGT	Kaushal bodh & Kaushal Vikas (Offline)	KOTTAYAM SAHODAYA (LOURDE PUBLIC SCHOOL)	6 Hours	18 Hrs. (Offline)
		Journey Of a Teacher From Competency to Effectiveness	ST. Mary's EMS Manarcadu	12 Hrs.	
		School Leadership for Foundational Literacy and Numeracy	DIKSHA	3 Hrs,	32 Hrs (Online)
		Enhancing Mathematical Competency Through AI	DIKSHA	5Hrs.	
		Understanding FLN competencies and Learning Outcomes In NEP 2020	EBILITY	2 Hrs	
		Classroom Screening to Identify & Support Students with Academic Challenges	EBILITY	2 Hrs	
		Implementing Interventions In Your Classroom To Achieve HPC Outcomes	EBILITY	2 Hrs	
		Strategies To Enhance Foundational Reading Skills Across All Subjects	EBILITY	2 Hrs	
		Enhancing Executive Functioning Skills Of Students to Improve Their Learning Outcomes	EBILITY	2 Hrs	
		Understanding the science of learning to drive better academic outcomes	EBILITY	2 Hrs	
		Creating a positive classroom environment: strategies for managing disruptive behaviors	EBILITY	2 Hrs	
		Year end strategies to support every learner	EBILITY	2 Hrs	
		How teachers can help students stay focused in the classroom	EBILITY	2 Hrs	
		Supporting children with academic challenges in the inclusive classroom	EBILITY	2 Hrs	
		Building strong math foundation for children with challenges with alignment to NEP 2020 and HPC guidelines	EBILITY	2 Hrs	
		Strategies to build stronger relationships with parents	EBILITY	2 Hrs	

ST. MARYS ENGLISH MEDIUM SCHOOL MANARCAD

TRAINING DETAILS 2025-2026 (CBSE/NCERT) FROM JUNE ONWARDS

Name	Designation	Types of training	Name of COE	No. of hours	Total hours
		Addressing behaviour changes in students in an inclusive classroom	Ebility	2	
		Developing math readiness skills inclusive classroom	Ebility	2	
Sunitha Joseph	PRT	Effective behaviour management Strategies for school classroom	Ebility	2	
		Strategies to build stronger relationship with parents	Ebility	2	8
		Digital footprint	NCERT	5	5
	Offline	CBP conducted by school	St. Mary's. E. M. S Manarcad	12	12